



# 4 SEASONS HOOPS ACADEMY

During the 6-week course, our goal is for each player to increase confidence within their individual skill set and conceptual understanding of the game.

The 4 Season's staff will focus on building players skill and IQ by breaking down the finer details step by step. A typical session will include:

- 1v1, 2v2, 3v3, 4v4, 5v5 drills and LIVE play
- Proper spacing & passing angles, importance of body language to others
- Controlling game tempo, being a floor GENERAL, reducing turnovers
- Developing an explosive first step, improving handles, contact finishing
- ... And much, much more!

*During the final session players will be split into teams for LIVE competitions to implement what they've learned over the 6 weeks.*

## HELPING TAKE YOUR GAME TO THE NEXT LEVEL!



## GIRLS GRADES 6-12

2019-20 SCHOOL YEAR

June 17 - August 1, 2019

[Pittsburgh Indoor](#)



**Grades 6-8th (2019-20)**

Mondays & Wednesdays

6:00pm - 7:30pm

**Grades 9-12th (2019-20)**

Tuesdays & Thursdays

6:00pm - 7:30pm

**\*\*NO SESSIONS 4TH OF JULY WEEK\*\***

**COST \$195**

**\*LIMITED SPOTS AVAILABLE\***

**REGISTER BY MAY 1, 2019**

**\*Includes 12 - 1.5 hour sessions & reversible jersey**


## REGISTRATION

Please complete the 3 links below :

[Player Application](#)

[Waiver](#)

[Payment Options](#)


 We take PayPal

## CONTACT & INFO

[RMS4Seasons@gmail.com](mailto:RMS4Seasons@gmail.com)

P: 412.860.9729

[WWW.4SeasonsHoops.com](http://WWW.4SeasonsHoops.com)

Follow us on Twitter 

**“Great players are made  
in the off season ...  
... CHAMPIONS are made at  
4 SEASONS”**